

Those arriving in Lithuania from ALL COUNTRIES by their own transport until the moment of crossing the border of the Republic of Lithuania must fill in the **QUESTIONNAIRE** (<https://keleiviams.nvsc.lt/en/form>) and provide confirmation of the completed electronic questionnaire (QR code) to NVSC specialists or other officials at the border checkpoint or passenger checkpoint.

**A COVID-19 test (PCR test or antigen test from nasopharynx) is mandatory.** A serological antibody test result will not be recognised.

The test for COVID-19 taken within 72 hours before the entry to Lithuania must be negative and it must be presented to the carrier before the journey. The test for COVID-19 will be mandatory for individuals from 16 years inclusively. Foreigners arriving in Lithuania by carrier transport for humanitarian reasons will not be required to present a negative COVID-19 test result, but they will have to book a testing appointment visit within 24 hours of the arrival in Lithuania.

An exemption will apply in the case of those travelling by their own transport: they will have to have a negative test for COVID-19 taken within 72 hours before the entry to Lithuania or they will have to register within 24 hours of the arrival and take a test in Lithuania.

**Mandatory 10-day self-isolation:**

- It is allowed to go outside for a walk within the radius of maximum 1 km from the place of self-isolation while wearing protective equipment covering nose and mouth. No visits to gathering points;
- when staying with other people, it is required to self-isolate in a separate room, but those staying together do not have to self-isolate;
- it is mandatory to follow other self-isolation requirements.

There is a possibility of shortening the self-isolation time by taking a COVID-19 test (PCR), at personal expense, on the 7th day of self-isolation at the earliest, with a negative response thereof.

Those subject to self-isolation exemptions or in whose respect the self-isolation time has been shortened will have to restrict the number of their contacts for 14 days of arrival in Lithuania. It is recommended that those working commute only between work and home if there is no possibility of working from home. When contacting others, wearing protective equipment covering the nose and mouth: face masks, respirators or other means remains mandatory, also the observance of other general instructions for the prevention of COVID-19.

**The place of self-isolation can be left with [NPHC's permission](#) to go to another place of self-isolation if it has to be changed for certain reasons.**

**It will be allowed to leave the place of self-isolation without the notification of the NPHC in the following cases:**

- to make arrangements for the funeral of a close person and the transportation of the remains and/or to participate in the wake ceremony/ funeral of a close person or visit terminally ill patients;
- to go to a medical facility to have nasopharyngeal and oropharyngeal swab specimen collected for a COVID-19 test;
- to go to a medical facility for health care services;
- to transport those unable to take care of themselves to a medical facility for health care services;
- for those who have to go to the place required for handling legal matters;
- those who have their own wedding;
- **for high-performance athletes, high-performance sports specialists, high-performance sports instructors and sports medical personnel to go to high-performance sports training, training camps, competitions and institutions or establishments related to their sports activities;**
- employees of listed occupations who travel for the purpose of work-related functions (third-country nationals arriving in the Republic of Lithuania for the purpose of work-related functions at the permission of a relevant ministry) can leave the place of self-isolation to go to the place needed to handle work or business matters during working hours.
- those that have to go to state institutions, establishments and organisations when summoned by them or to go to the place required for handling legal matters.
- to go to a mobile point to have nasopharyngeal and oropharyngeal swab specimen collected for a COVID-19 test after prior registration with the COVID-19 Hotline at 1808 or with the NPHC, or to transport those unable to take care of themselves.
- those going to their own wedding.

Those living or working abroad and those who need to leave the country for health reasons will be allowed **to leave the place of self-isolation before the lapse of the required period of isolation with prior notification of the NPHC.**